

# INTERIM POOL SCHEDULE

Indoor Pool Under Construction

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00		Lap Swim 6am-8am	Lap Swim 6am-8am	Lap Swim 6am-8am	Lap Swim 6am-8am	Lap Swim 6am-9am	
6:30							
7:00							
7:30							
8:00		Hydro HIIT 8am-8:45am	Range of Motion 8:15am-9am	Hydro HIIT 8am-8:45am	Range of Motion 8:15am-9am		Open Swim 8am-9am
8:30							
9:00		Water Fit 9am-10am	Hydro Fit 9am-10am	Water Fit 9am-10am	Hydro Fit 9am-10am	Water Fit 9am-10am	Aqua Zumba 9am-10am
9:30							
10:00		Poolattes 10am-11am	Open Swim 10am-12pm	Poolattes 10am-11am	Open Swim 10am-12pm	Poolattes 10am-11am	
10:30							
11:00		Range of Motion 11am-11:45am		Range of Motion 11am-11:45am		Range of Motion 11am-11:45am	
11:30							
12:00		Lap Swim 12pm-1pm	Lap Swim 12pm-1pm	Lap Swim 12pm-2pm	Lap Swim 12pm-1pm	Lap Swim 12pm-2pm	Open Swim 10am-5:30pm
12:30							
1:00	Open Swim 1pm-4:30pm	Open Swim and PT 1pm-5pm	Open Swim and PT 1pm-5:30pm	Open Swim 2pm-9pm	Open Swim and PT 1pm-5:30pm		
1:30							
2:00							
2:30							
3:00							
3:30							
4:00							
4:30	Pool Parties 4:30pm-5:30pm				Open Swim 2pm-8pm		
5:00							
5:30							
6:00		Open Swim 5pm-8pm	Hydro Fit 5:30pm-6:30pm	Hydro Fit 5:30pm-6:30pm	Hydro Fit 5:30pm-6:30pm	Pool Parties 5:30pm-6:30pm	
6:30							
7:00							
7:30							
8:00							
		Swim Lessons Mon, Tues & Thurs @ 5:15pm-7:30pm **may affect open lanes**			Swim Lessons 10:30am-1pm *may affect open lanes*		

Updated: 08/22/25