



YMCA ADVENTURERS



ITALY & SICILY

13 DAYS / 12 NIGHTS
\$6,629

Oct. 3 – 15, 2025

- \$698 non-refundable deposit required upon signing.
- Final payment due July 3, 2025.
- Price per person, based on double occupancy. Add \$1,000 for single occupancy.
- Travelers do not need to be Y members.
- Airfare included.
- 20 meals provided, 12 nights of lodging.
- Optional Cancellation waiver & insurance \$549 per person.
- Price of \$6,629 is valid until April 4, 2025
- Seat reduction: April 4, 2025
- Passport is required
- This is a LEVEL 3 trip: walking for longer periods of time on uneven ground and multiple transportation switches.
- Explore Palermo, Agrigento and Beach Sicilia.
- Enjoy guided tours and experience authentic farms throughout your trip!

REGISTER NOW!

Complete itinerary & registration info can be found at

<https://www.ymcachattanooga.org/ymca-adventurers>

Questions? Contact Cecil Brodie
at cbrodie@ymcachattanooga.org
or at 423.394.3592
Mon- Thurs 9 a.m.-4 p.m.



J.A. HENRY COMMUNITY YMCA

Mail: 301 W. 6th Street, Chattanooga, TN 37402
ymcachattanooga.org

ITINERARY

Day 1 & 2:

You're on your way to Italy, you will join your group after an overnight flight. Day 2 your Italian adventure starts in Palermo, Sicily. Tonight you will join fellow travelers for a welcome dinner with authentic cuisine. (Dinner provided)

Day 3:

Today you will begin with a walking tour of Palermo's old town. Visit hilltop Monreale, ascending 92 steps to its 12th-century cathedral's cloisters. (Breakfast provided)

Day 4:

This morning, journey to a family-owned farmhouse, set in the hills surrounding Palermo. Meet the owners and see a typical day on the Sicilian farm complete with a farm-to-table lunch, made with family recipes. Travel by bus to Sicily's southern coast for a 2-night stay in the outskirts or Agrigento. (Breakfast, Lunch & Dinner provided)

Day 5:

Today you have the choice of leisure time at your hotel to take in views and walk the beach **OR** venture into Agrigento's old town for a stroll through its historic center. In the afternoon, step back 25 centuries and delve into ancient Greek history with a visit of the Valley of the Temples. Get an up-close view of the temples of Juno, Concordia and Hercules during a walking tour of ancient acropolis. Then enjoy dinner at a local restaurant. (Breakfast & Dinner provided)

Day 6:

Venture into Sicily's countryside to Piazza Armerina, home of the ancient Villa Romana del Casale. Explore the site with an expert insider for a locally guided tour of its impressive Roman mosaics. This afternoon, journey east to Sicily's Ionian Coast for your 2-night stay in Giardini Naxos. (Breakfast provided)

Day 7:

Today explore beautiful Taormina, home to ancient relics. With an expert guide you'll stroll the lively pedestrianized main street and climb to the city's well-preserved Greek theater. The afternoon is yours to relax in Giardini Naxos "garden of Sicily" or opt for an off road adventure to Mount Etna. (Breakfast provided)

Day 8:

Your day will start with a short scenic ferry ride across the narrow Strait of Messina, separating Sicily from Italy's mainland. During your full day bus transfer, pass through unspoiled region of Calabria and onto Basilicata region. Linger over regional cuisine at dinner in the winery's agriturismo restaurant. (Breakfast & Dinner provided)

Day 9:

Today you will explore the Sassi di Matera, an ancient settlement of carved cave dwellings on a guided tour. This afternoon is yours to explore. (Breakfast & Dinner provided)

Day 10:

Today after breakfast, stop at a sustainable buffalo dairy farm for a taste of freshly made mozzarella and a peek into the history of this iconic cheese. After lunch at the farm, transfer to the Sorrentine Peninsula and settle in for a 2-night stay. Take a walking tour and discover the charms of Sorrento and learn about local traditions. (Breakfast & Lunch provided)

Day 11:

This morning take in the sights of the Mediterranean Sea as you sail along the initial stretch of Amalfi Coast. Gaze out over the deep blue hues of the sea. Pause in Positano with its pastel-colored houses and pebbly beaches. Spend time in this legendary locale browsing the posh boutiques or resting along the beach, before returning to Sorrento for an afternoon of leisure. (Breakfast provided)

Day 12 & 13:

Journey to Rome and experience excavated ruins of Pompeii on your way. Either Soak in the history of this Roman town at your pace **OR** a faster off the beaten path experience. Enjoy a farewell dinner. Day 13 after breakfast you will depart for home with your new friends and talk about your wonderful time in Europe. (Breakfast provided)