



LIFEGUARD

TRAINED  
TO SAVE LIVES

## HAMILTON FAMILY YMCA LIFEGUARD CERTIFICATION

### Blended learning class options:

- March 26, 28, April 2 and 4, 4pm-9pm each day
- April 13, 14, 20, 21, 12pm-5pm each day
- May 9 and 10, 4pm-9pm and May 11 and 12, 12pm-5pm each day (Thursday-Sunday class, 4 consecutive days)
- May 28-31, 12pm-5pm each day (after Memorial day class)
- June 10-13, 12pm-5pm each day (last class of the Summer)

\*Blended learning courses require online course work to be done prior to first day of class.\*

**Cost:** \$225 YMCA members/\$275 non-members | Recertification \$150/\$175

Register at least 3 days prior to class start date. Two-year certification through American Red Cross. First day pretest: 300 yard swim; 2 minute treading water; 20 yard swim, retrieval of 10 pound item, item tote to far end of pool using no hands.

### QUESTIONS?

Contact Schuyler Colling at 423.899.1721 or [scolling@ymcachattanooga.org](mailto:scolling@ymcachattanooga.org)

**HAMILTON FAMILY YMCA**  
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