CLEVELAND FAMILY YMCA

Modified Group Exercise Schedule Thanksgiving Week Nov. 20-24

LAND CLASSES
All classes normal.
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NO EVENING CLASSES (after 5 p.m.)
No Classes
Wellness Floor open 7-11 a.m.
Torch the Turkey 9-11 a.m. (30 min classes)
ALL OTHER CLASSES CANCELED
NORMAL CLASS SCHEDULES RESUME



ymcachattanooga.org

Our Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.