



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Hamilton Family YMCA Lap Lane Schedule

Effective 9/1/2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5am-9am 3 Lanes	5am-8am 3 Lane	5am-9am 3 Lanes	5am-8am 3 Lane	5am-9am 3 Lanes	8am-10am 2 Lanes
9am-1pm 1 Lane	8am-12pm 1 Lane (Swim Club from 11am-12pm)	9am-1pm 1 Lane	8am-12pm 1 Lane (Swim Club from 11am-12pm)	9am-1pm 2 Lanes	10am-12pm 1 Lane
1pm-4pm 3 Lanes	12pm-4pm 3 Lanes	1pm-4pm 3 Lanes	12pm-4pm 3 Lanes	1pm-6pm 3 Lanes	12pm-5:30pm 3 Lanes
4pm-7pm 1 Lanes	4pm-7pm 1 Lane	4pm-7pm 1 Lanes	4pm-7pm 1 Lane	6pm-7pm Ooltewah Swim Center Swim Team *1 Lane for member use*	SUNDAY
7pm-8pm Ooltewah Swim Center Swim Team *1 Lane for member use*	7pm-9:30pm 3 Lanes	7pm-8pm Ooltewah Swim Center Swim Team *1 Lanes for member use*	7pm-9:30pm 3 Lanes	7pm-8:30pm 3 Lanes	9am-4:30pm 3 Lanes
8pm-9:30pm 3 Lanes		8pm-9:30pm 3 Lanes			

Notes:

- The above lap lanes are estimated availabilities. The Hamilton YMCA will strive to always have at least 1 lap lane available for lap swimmers, based of other programs going on in the pool.
- **Be prepared to share a lane!** The YMCA encourages and asks all lap swimmers to share lanes to accomidate more space.
- A scheduled lane(s) may be reserved for Memorial PT, Swim Lessons, or other various activities throughout the day.