



YMCA HEALTHY LIVING CENTER AT NORTH RIVER

Girls Volleyball Program Summer 2023 Skill Development Clinics

Focus of Program: The Summer Skill development clinics will help develop and fine-tune participants' skill level. The programs are divided by age groups. YMCA staff and volunteer coaches will introduce participants to age appropriate, challenging drills and concepts that will help to further their abilities and help prepare them for their next step in their sport.

Ages	Divisions are made up of age 7-15-year-old girls.
Registration	Open registration: May 1 – 30. <u>Registrations received after May 30 will be charged a \$15 late fee.</u>
Weekday Clinic	Monday through Friday: Weekday programs last 1 hour June 19-23 11 Under – 5:30-6:30pm 15 Under – 6:45-7:45pm
One Day Clinic	July 16 One day program lasts 2 hours 11 Under – 1:00-3:00pm 15 Under – 3:00-5:00pm
Fees	Weekday Clinic Members: \$65 Non-members: \$90 One Day Clinic Members: \$25 Non-members: \$40
Skill Level	Groups are made up of recreational players of all skill levels and backgrounds. Beginners are welcome and encouraged to participate in the YMCA program. Coaches will work with each player based on their needs for growth in each skill area of the game. This is an instructional league that focuses on teaching fundamentals and skill development.
What's Next?	Once you have registered, you're simply waiting on an email. All players will receive an email from their coach or the YMCA by June 15 (Weekday Clinic) or July 11 (One Day Clinic). If you do not receive communication from the coach or YMCA by the above dates, email t.corder@ymcachattanooga.org

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