

YMCA HEALTHY LIVING CENTER AT NORTH RIVER

Youth Basketball Program Summer 2023 Skill Development Clinics

Focus of Program: The Summer Skill development clinics will help develop and fine-tune participants' skill level. The programs are divided by age groups. YMCA staff and volunteer coaches will introduce participants to age appropriate, challenging drills and concepts that will help to further their abilities and help prepare them for their next step in their sport.

their sport.	
Ages	Divisions are made up of boys and girls ages 4-15 years.
	4-6 years old
	7-9 years old
	10-15 years old
Registration	Open registration: May 1 – 30. <u>Registrations received after May 30 will be charged a \$15 late fee.</u>
Weekday Clinics	Monday through Friday:
	June 12-16
	4-6 year olds – 5:30-6:30 pm
	7-15 years old – 6:35-7:35 pm
	July 17-21
	4-6 year olds – 5:30-6:30 pm
	7-15 years old – 6:35-7:35 pm
	July 31 – August 4
	4-6 year olds – 5:30-6:30 pm
	7-15 years old – 6:35-7:35 pm
Scrimmage League	Tuesdays and Thursdays, Ages 5-8 only: This program will consists of a 15 to 20 minutes practice followed by age groups being divided into teams to play games for the remainder of the time. Groups
	will be divided weekly to provide players with diverse team play environments.
	June 20 – July 25
	5-6 year olds – 5:30-6:30 pm
	7-8 years old – 6:35-7:35 pm
Fees	Weekday Clinics
	Members: \$65
	Non-members: \$90
	Scrimmage League
	Members: \$75
	Non-members: \$100
Skill Level	Groups are made up of recreational players of all skill levels and backgrounds. Beginners are welcome
	and encouraged to participate in the YMCA program. Coaches will work with each player based on their needs for growth in each skill area of the game. This is an instructional league that focuses on
	teaching fundamentals and skill development.
What's Next?	Once you have registered, you're simply waiting on an email. All players will receive an email from their
	coach or the YMCA by June 6 (Week 1 Clinic), June 13 (Scrimmage League), July 11 (Week 2 Clinic), or
	July 25 (Week 3 Clinic). If you do not receive communication from the coach or YMCA by the above
	dates, email <u>t.corder@ymcachattanooga.org</u>

YMCA Healthy Living Center at North River

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