



# NR YMCA Therapy Pool Schedule Spring 2023

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday					
5:00 AM	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Closed	Closed					
6:00 AM												
7:00 AM												
8:00 AM	Open Swim Limited Space available 10a-11a	Open Swim	Open Swim Limited Space available 10a-11a	Open Swim	Open Swim Limited Space available 10a-11a	Open Swim		Closed				
9:00 AM						Memorial	Aqua Zumba		Memorial	Aqua Zumba	Aqua Zumba	Swim Lessons
10:00 AM						Aqua Motion	Open Swim		Aqua Motion	Open Swim	Open Swim	
11:00 AM						Memorial	Open Swim		Memorial	Open Swim	Memorial	Open Swim Rental Availability 12-6
12:00 PM	Memorial	Memorial										
1:00 PM	Memorial	Memorial										
2:00 PM	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim Rental Availability 12-6	Open Swim Rental Availability 1p-5p					
3:00 PM												
4:00 PM	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim Rental Availability 12-6	Open Swim Rental Availability 1p-5p					
5:00 PM								Swim Lessons	Swim Lessons			
6:00 PM	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Closed	Closed					
7:00 PM	Open Swim			Open Swim								
8:00 PM				Open Swim								
Pools Close 30 min prior to the facility closing Mon-Fri												

**This schedule is a generic schedule and subject to change with the addition of rentals.**

**In the event of inclement weather in the area, the pool will close for 30 minutes past the last sight or sound of lightening and thunder.**