

NR YMCA Therapy Pool Schedule Fall 2022

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
5:00 AM	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Closed	Closed				
6:00 AM											
7:00 AM											
8:00 AM	Open Swim Limited Space available 10a-11a	Memorial	Open Swim Limited Space available 10a-11a	Memorial	Open Swim Limited Space available 10a-11a	Memorial		Open Swim			
9:00 AM		Aqua Motion				Open Swim		Aqua Zumba	Aqua Zumba	Swim Lessons	
10:00 AM		Open Swim				Range of Motion		Open Swim	Range of Motion	Open Swim	Swim Lessons
11:00 AM		Memorial				Open Swim		Memorial	Open Swim	Memorial	Open Swim Rental Availability 12-6
12:00 PM											
1:00 PM											
2:00 PM	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim Rental Availability 12-6	Open Swim Rental Availability 1p-5p				
3:00 PM											
4:00 PM	Open Swim	Swim Lessons	Aqua Zumba	Open Swim	Swim Lessons	Open Swim	Closed				
5:00 PM											
6:00 PM											
7:00 PM	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Closed	Closed				
8:00 PM											
Pools Close 30 min prior to the facility closing Mon-Fri											

This schedule is a generic schedule and subject to change with the addition of rentals.

In the event of inclement weather in the area, the pool will close for 30 minutes past the last sight or sound of lightening and thunder.