



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## NR YMCA Lap Pool Schedule June-July 2022

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday				
5:00 AM	Lap Swim		Lap Swim		Lap Swim		Lap Swim		Lap Swim		Closed		Closed				
6:00 AM			Lap Swim	Master's Swim			Lap Swim	Master's Swim									
7:00 AM	Lap Swim	Water Aerobics	Lap Swim		Lap Swim	Water Aerobics	Lap Swim		Lap Swim	Water Aerobics							
8:00 AM	Lap Swim		Lap Swim		Lap Swim		Lap Swim		Lap Swim		Lap Swim	Open Swim			Closed		
9:00 AM	Lap Swim	Hydro Fit	Lap Swim		Lap Swim	Hydro Fit	Lap Swim		Lap Swim	Hydro Fit							
10:00 AM		Lap Swim				Day Camp Swim				Lap Swim							
11:00 AM			Camp Swim				Camp Swim									Lessons	
12:00 PM																	
1:00 PM	Lap Swim	Camp Swim	Camp Swim		Lap Swim	Camp Swim	Camp Swim		Lap Swim	Camp Swim		Open Swim Rental Availability 12p-6p	Open Swim Rental Availability 1p-6p				
2:00 PM			Lap Swim				Lap Swim							Open Swim			
3:00 PM																	
4:00 PM				Open Swim				Open Swim						Closed			
5:00 PM																	
6:00 PM	Open Swim		Open Swim			Open Swim			Open Swim			Closed		Closed			
7:00 PM																	
8:00 PM																	
Pools Close 30 min prior to the facility closing Mon-Fri																	

Three Lap lanes will be available for members throughout the day.

This schedule is a generic schedule and subject to change with the addition of rentals.

In the event of inclement weather in the area, the pool will close for 30 minutes past the last sight or sound of lightening or thunder.