



DOWNTOWN FAMILY YMCA HOLIDAY CLASS SCHEDULE

Thursday, Dec. 23

NORMAL SCHEDULE

Friday, Dec. 24

8:30 am	Pilates Barre Combo
8:45 am	Body Pump
9:00 am	Pit
9:30 am	Senior Fitness
10:00 am	RPM
10:00 am	Turbo Kick
10:30 am	Low Impact Circuit
12:00 pm	Pump
12:00 pm	Turn Up Dance Fitness
12:00 pm	Effort

ALL OTHER CLASSES CANCELED

Saturday, Dec. 25

CLOSED- MERRY CHRISTMAS

Sunday, Dec. 26

2:00 pm	Yoga
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Monday, Dec. 27- Thursday, Dec. 30

NORMAL SCHEDULE

Friday, Dec. 31

8:30 am	Pilates Barre Combo
8:45 am	Body Pump
9:00 am	Pit Fit
9:30 am	Senior Fitness
10:00 am	Turbo Kick
10:30 am	Low Impact Circuit
11:30 am	Turn Up Dance Fitness
12:00 pm	Pump
12:00 pm	Effort

ALL OTHER CLASSES CANCELED

Saturday, Jan. 1, 2022

CLOSED- NEW YEAR'S DAY

Sunday, Jan. 2, 2022

2:00 pm	Yoga
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