

Cleveland Family YMCA SWIM LESSON SCHEDULE

Effective January-May 2020

Private Lessons are available upon request. Teen/Adult lessons will be run as private lessons. Forms are available online and at the front desk.

CLASSES	Monday Swim Lessons & Strokes Prep	Tuesday & Thursday Swim Lessons	Tuesday & Thursday Swim Strokes	Saturday Swim Lessons & Swim Strokes
SWIM STARTERS (REQUIRES PARENT PARTICIPATION) - ages 6 months -2 years 30-min classes				
SWIM STARTERS LEVEL A & B WATER DISCOVERY & EXPLORATION		9:00-9:30 am		10:00-10:30 am
SWIM BASICS ages 3-12 30 min classes				
LEVEL 1 WATER ACCLIMATION	5:30-6:00 pm	9:30-10:00am OR 5:30-6:00 pm		10:35-11:05 am
LEVEL 2 WATER MOVEMENT	6:05-6:35 pm	6:05-6:35 pm		11:10-11:40 am
LEVEL 3 WATER STAMINA	6:40-7:10 pm	6:40-7:10 pm		11:45am-12:15pm
SWIM STROKES - 45 min classes				
SWIM STROKES PREP*	5:00-5:45 pm			10:30-11:15 am
LEVEL 4 STROKE INTRODUCTION			5:30 pm-6:15 pm	11:15am-12:00pm
LEVEL 5 STROKE DEVELOPMENT			6:15 pm-7:00 pm	
DATES AVAILABLE FOR WINTER CLASSES				
	Jan 6 th -Feb 24 th Mar 2 nd -Apr 20 th	Jan 7 th -Jan 30 th Feb 4 th -Feb 27 th Mar 3 rd -Mar 26 th Mar 30 th -Apr 23 rd	Jan 7 th -Jan 30 th Feb 4 th -Feb 27 th Mar 3 rd -Mar 26 th Mar 30 th -Apr 23 rd	Jan 11 th -Feb 29 th Mar 21 st -May 9 th
Makeup lessons or credit are guaranteed if the Y cancels class for any reason and will be scheduled at time of cancelation.				

Contact the Aquatic Director for swim lesson information: Kristy Snider | ksnider@ymcachattanooga.org | 423.805.3363

SWIM FEES:

GROUP LESSONS

8 lessons: \$45 members/\$90 non-members

SWIM STROKES AND STROKES PREP

8 lessons: \$50 members/\$100 non-members

PRIVATE

\$25 per lesson/members; \$50 per lesson/non-members

4 lessons: \$80 members/\$150 non-members

SEMI-PRIVATE LESSONS (groups of 2-3 participants)

\$40 per lesson for members/\$80 per lesson for non-members

4 lessons: \$130 for members; \$250 for non-members

We will have our annual Safety Around Water session April 27th-May 1st.

We will have accelerated 2-week sessions of swim lessons and swim strokes in May!

