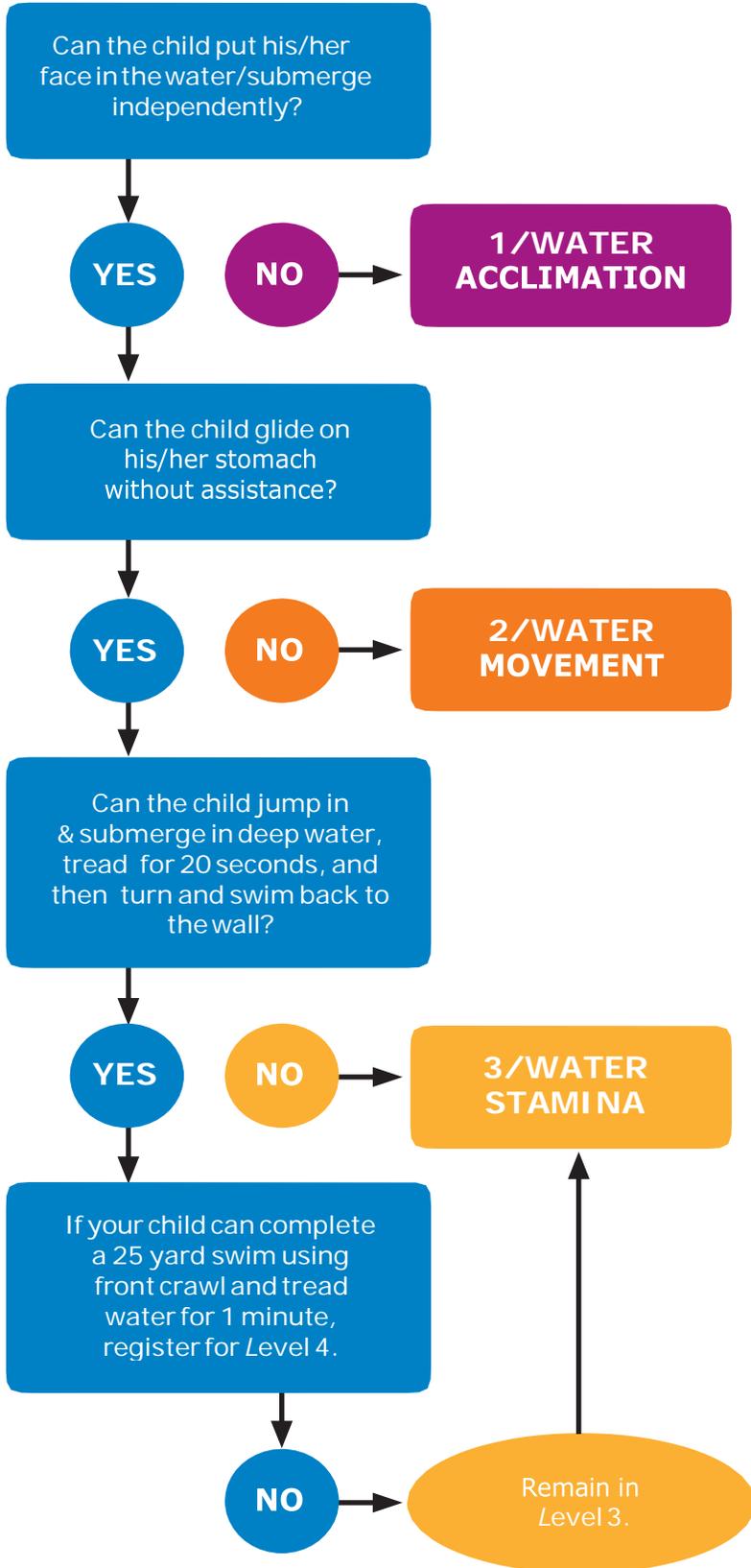




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# SWIM LESSON FLOW CHART

## LEVELS 1-3/AGES 3-12



## LEVELS 4-6/AGES 5 & UP

