

# YMCA of Metropolitan Chattanooga Youth Basketball Programs

## Playing Rules and Information for Winter 2018 Season

**TSSAA Basketball Rules will apply to any areas not covered by YMCA rules.**

	<b>Tiny 3-4</b>	<b>Rookies 5-6</b>	<b>7-8 Boys</b>	<b>7-9 Girls</b>
Ball Size	Mini Size 3	Junior 27.5	Junior 27.5	Junior 27.5
Goal Height	6 feet or lower	8 feet	9 Feet	9 feet
Scorekeeping	None	Yes	Yes	Yes
Coach on Court	Yes - at top of key only	Yes - at top of key only	Yes - at top of key only	Yes - at top of key only
Player Substitution	Anytime	at Dead Ball	at Dead Ball	at Dead Ball
Sub Player Seating	Anywhere	Designated Seating Only, With Team	Designated Seating Only, With Team	Designated Seating Only, With Team
Length of Quarter	(4) six minute quarters	(4) six minute quarters	(4) eight minute quarters	(4) six minute quarters
Stop Clock	None	Last 2 minutes of game only (every whistle)	Last 2 minutes of game only (every whistle)	Last 2 minutes of game only (every whistle)
Jump Ball	Yes	Yes	Yes	Yes
Type of Defense	Man-to-Man	Man-to-Man	Man-to-Man	Man-to-Man
Defense Pick-Up Areas	Player Position	Player Position	Half Court	Half Court
Fast Breaks	Not Allowed	Not Allowed	Allowed	Allowed
Full Court Press	Not Allowed	Not Allowed	Not Allowed	Not Allowed
Halftime Goal Switch	None	None	Yes	Yes
Double Teaming	Not Allowed	Not Allowed	Not Allowed	Not Allowed
Stealing the Ball	Not Allowed	Not Allowed	Allowed	Allowed
Personal Fouls	None	5 fouls per player	5 fouls per player	5 fouls per player
Fouling Out	None	None	None	None
Team Fouls	None	None	Yes	Yes
Foul Shots	None	None	Yes - on release	Yes - on release
Foul Shot Distance	NA	NA	12 feet	12 feet
Bonus/Double Bonus	NA	NA	Yes	Yes
Halftime Foul Shots	Yes - two per player at 10'	Yes - two per player at 12'	Yes - two per player at 12'	Yes - two per player at 12'
Technical Fouls	None	None	Yes	Yes
Lane Violations	None	None	None	None
Traveling	None	Liberal	4 steps	4 steps
Double Dribble	None	Liberal	Liberal	Liberal
Time Outs	None	2 per half	2 per half	2 per half
Calling Time Out	NA	Only Coach may call	Only Coach may call	Only Coach may call
Overtime	None	None	Tournament Only	Tournament Only
Mercy Rule	Not Needed	Not Needed	When a team is in the lead by 20 points, baskets made by the leading team do not increase the margin. In other words, neither team can build up a lead bigger than 20. The losing team has the ability to waive the mercy rule after the first quarter.	

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	<b>9-10 Boys</b>	<b>10-12 Girls</b>	<b>11-12 Boys</b>	<b>13-16</b>
Ball Size	Intermediate 28.5	Intermediate 28.5	Official	Official
Goal Height	10 feet	10 feet	10 feet	10 feet
Scorekeeping	Yes	Yes	Yes	Yes
Coach on Court	Not Allowed	Not Allowed	Not Allowed	Not Allowed
Player Substitution	at Dead Ball	at Dead Ball	at Dead Ball	at Dead Ball
Sub Player Seating	Designated Seating Only, With Team	Designated Seating Only, With Team	Designated Seating Only, With Team	Designated Seating Only, With Team
Length of Quarter	(4) eight minute quarters	(4) eight minute quarters	(4) eight minute quarters	(4) eight minute quarters
Stop Clock	Last 2 minutes of game only (every whistle)	Last 2 minutes of game only (every whistle)	Last 2 minutes of game only (every whistle)	Last 2 minutes of game only (every whistle)
Jump Ball	Yes	Yes	Yes	Yes
Type of Defense	Man-to-Man or Zone	Man-to-Man or Zone	Man-to-Man or Zone	Man-to-Man or Zone
Defense Pick-Up Areas	Half Court	Half Court	Half Court	Half Court
Fast Breaks	Allowed	Allowed	Allowed	Allowed
Full Court Press	Allowed 2nd & 4th Qtr. last 2:00	Allowed 2nd & 4th Qtr. last 2:00	Allowed 2nd & 4th Qtr. last 2:00	Allowed 2nd & 4th Qtr. last 2:00
Halftime Goal Switch	Yes	Yes	Yes	Yes
Double Teaming	Allowed	Allowed	Allowed	Allowed
Stealing the Ball	Allowed	Allowed	Allowed	Allowed
Personal Fouls	5 fouls per player	5 fouls per player	5 fouls per player	5 fouls per player
Fouling Out	Yes	Yes	Yes	Yes
Team Fouls	Yes	Yes	Yes	Yes
Foul Shots	Yes - on release	Yes - on release	Yes - on release	Yes - on release
Foul Shot Distance	15 feet	15 feet	15 feet	15 feet
Bonus/Double Bonus	Yes	Yes	Yes	Yes
Halftime Foul Shots	None	None	None	None
Technical Fouls	Yes	Yes	Yes	Yes
Lane Violations	3 seconds	3 seconds	3 seconds	3 seconds
Traveling	Standard Rule	Standard Rule	Standard Rule	Standard Rule
Double Dribble	Standard Rule	Standard Rule	Standard Rule	Standard Rule
Time Outs	2 per half	2 per half	2 per half	2 per half
Calling Time Out	Coach or player may call	Coach or player may call	Coach or player may call	Coach or player may call
Overtime	Tournament Only	Tournament Only	Tournament Only	Tournament Only
Mercy Rule	Not Needed	Not Needed	When a team is in the lead by 20 points, baskets made by the leading team do not increase the margin. In other words, neither team can build up a lead bigger than 20. The losing team has the ability to waive the mercy rule after the first quarter.	

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