

# SWEAT DANCE LAUGH

**Zumba Classes at the Cleveland Family YMCA**  
**FREE TO MEMBERS!**

## ZUMBA

8:05 a.m. - Tuesday & Thursday

4:30 p.m. - Tuesday & Thursday

5:30 p.m. - Friday

6:30 p.m. - Monday

10 a.m. & 1 p.m. - Saturday

## ZUMBA GOLD

12:10 p.m.

Monday, Wednesday & Friday

### *Also new this year:*

Zumba Toning & Aqua Zumba

Members - \$25

For details, call: 423.476.5573

