





# Adventure Guides

The YMCA Adventure Guides is a unique and special time for parents and their children. The Adventure Princess program is for fathers and their daughters. The Adventure Guide program is for fathers and their sons.

## **YMCA ADVENTURE PRINCESS**

Just imagine 100's of dads getting together with their daughters for a campout at the Ocoee, spending the night at the Knoxville Zoo or getting all dressed up for the Father/Daughter Dinner and Dance. The YMCA Adventure Princess program will give you two (2) main activities each month. The best thing about being in Y Princess is the time you will spend with your daughter, the memories you will create and the relationship that you will build. This special time is just for her. Nothing else to get in the way. Only you and her.

## **YMCA ADVENTURE GUIDES**

Can you picture 100 men and their sons having a great time building camp fires, fishing, hiking and doing the things that bond men with their sons. Most importantly fathers spending time communicating with their son about responsibilities, family and God. These moments are very important and special. No one else to get in the way. Just you and

## **Community Circle Groups**

Building strong kids, strong families and strong communities is very important to the YMCA Adventure Guide program. Each month a circle group will meet in your community. The circle group will have arts & crafts, character development, compass points, service projects and fun activities that parents can do with their child. Here are some of the circle groups and how to contact them.

## **HOW TO REGISTER:**

Fill out the form on the back and mail it to the Downtown YMCA. If you are a new member and are not familiar with the program you can call the YMCA to ask for more information or log on to the YMCA web site listed above. New members may know someone in a particular circle group and can request to be in that group by indicating the group name or person on your registration form.

## **HOW TO START A NEW CIRCLE:**

Starting a new circle group in a community, church or neighborhood is very common and simple. The group will need a volunteer leader and 6 to 8 families. The YMCA will help prepare the leaders with training, materials and support

### **Contact:**

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